



Student Name: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/2022

Year: \_\_\_\_\_

Referring Teacher: \_\_\_\_\_

REFLECTION

Your perspective – What happened? How were you disruptive or unsafe?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Teachers perspective – What did the teacher experience? What might your teacher think about what they saw?

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\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

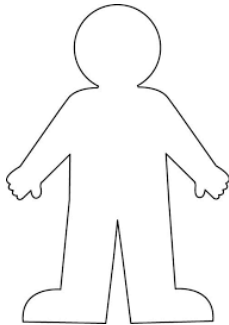
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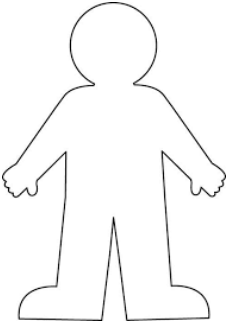
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What I experienced in my body:

When I felt this way, what did others notice about me?



- Tick any that apply:
- Energy
  - Restlessness
  - Racing thoughts
  - Racing heart beat
  - Sweating
  - Tight breathing/chest
  - Feeling frozen
  - Butterflies
  - Tired
  - Sickness
  - Pain
  - Clenched jaw or face
  - Tight hands and feet
  - Other: \_\_\_\_\_



Did someone get hurt? **YES / NO/ NA**

Did you tell the truth? **YES / NO**

How do you think it impacted those around you? \_\_\_\_\_

Did you say sorry? **YES / NO/ I WILL**

Whom can you control? \_\_\_\_\_

When you are controlling yourself, which **Parklands rule** would you be demonstrating?

1. **I can respect the right of others to learn:** it is not ok to talk over others or call out. Stay in my seat.
2. **I can be safe and keep others safe:** keep hands and feet to myself. Keep other people's feelings safe. I must be supervised.
3. **I can be prepared and ready to learn:** my bag is packed; I have my hat and my lunchbox.
4. **I can respect others property:** only touch things that are mine and look after school property. It is not ok to mark or break other people's property.

Write out the class rule that you are learning about today:

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**PLAN for the future** - What are you going to do when you go back to class/playground?

MY GOAL		
How will you achieve your goal?	What might make this difficult to achieve?	How will you overcome these difficulties?
I will	→	I will
I will	→	I will

**What have you learned from this?** What will you do differently when you leave here?

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**When you achieve your goal, which CLEAR value will you be demonstrating? (choose one)**

Christlikeness [ ] Learning [ ] Excellence [ ] Attitude [ ] Respect [ ]

**IS there anything else we can help you with to meet your goal?** -----

*Dear Jesus, Thank you that my parents have provided me an education which allows me the opportunity to learn from my mistakes and grow into the best possible version of me. I commit my plan to you; please help me to practice these ideas daily. I ask that you would bless my teacher and my class as they learn today. Amen*

**You could pray silently in your heart**  
**With a teacher or RTP facilitator**  
**With a friend or parent**

RTP Facilitator Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Referrer's Signature: \_\_\_\_\_

Date: \_\_\_\_\_