



Student Name: _____

Date: ____/____/2022

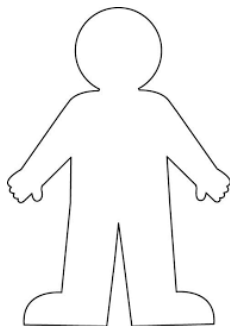
Year: _____

Referring Teacher: _____

REFLECTION

How were you disruptive or unsafe?

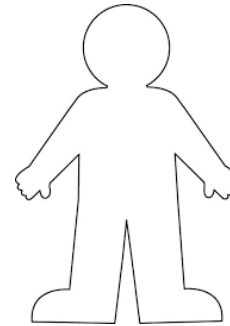
What I experienced in my body:



Tick any that apply:

- Energy
- Restlessness
- Racing thoughts
- Racing heart beat
- Sweating
- Tight breathing/chest
- Feeling frozen
- Butterflies
- Tired
- Sickness
- Pain
- Clenched jaw or face
- Tight hands and feet
- Other: _____

When I felt this way, what did others notice about me?



What led to you feeling this way? _____

Did someone get hurt? **YES / NO/ NA**

Did you tell the truth? **YES / NO**

Which friendship 8 did you use? _____

Which silent signal did you use? _____

How do you think the other student/teacher felt? _____

Did you say sorry? **YES / NO/ I WILL**

Whom can you control? _____

When you are controlling yourself, which **Parklands rule** would you be demonstrating?

1. I can respect the right of others to learn: listen to the teacher, sit still and be silent.

I can respect the right of others to learn.

2. I can be safe and keep others safe: keep hands and feet and mouth to myself.
Keep other's feelings safe.

I can be safe and keep others safe.


3. I can be prepared and ready to learn: my bag is packed and I have my hat and lunch.

I can be prepared and ready to learn.

4. I can respect others property: only touch things that are mine and look after school property.

I can respect others property.

PLAN for the future - What are you going to do when you go back to class/playground?

MY GOAL		
How will you achieve your goal?	What might make this difficult to achieve?	How will you overcome these difficulties?
I will		I will

When you achieve your goal, which CLEAR value will you be demonstrating? (choose one)

Christlikeness [] Learning [] Excellence [] Attitude [] Respect []

*Dear Jesus, Thank you that my parents have provided me an education which allows me the opportunity to learn from my mistakes and grow into the best possible version of me.
I commit my plan to you; please help me to practice these ideas daily.
I ask that you would bless my teacher and my class as they learn today.
Amen*

You could pray silently in your heart
With a teacher or RTP facilitator
With a friend or parent

RTP Facilitator Signature: _____

Date: _____

Referrer's Signature: _____

Date: _____