

Loving On Purpose - Powerful People

When you hear this most people think of the controlling, loud, life of the party, aggressive and a domineering individual. Yet these people are not what GOD considers powerful. 2 Corinthians 3:17 - 'Now the LORD is the SPIRIT and where the SPIRIT is there is FREEDOM' Galatians 5:13 discusses the fruit of the Spirit and what they look like. This is what a powerful person looks like!

Here are 8 traits of a powerful person:

1. THEY CONTROL THEMSELVES.

Powerful people understand that it is their job to control themselves. They do not try to control, convince, or manipulate other people or their behaviours. They know it doesn't work, and it's not their job. They focus their energy on being able to control themselves regardless of what others may or may not do.

2. THEY CREATE A RESPECTFUL ENVIRONMENT.

Powerful people are able to consciously and deliberately create the environment in which they want to live. They don't try to get people to respect them; they create a respectful environment by showing respect. They deliberately set the standard for how they expect to be treated by the way they treat others. As they consistently act in responsible, respectful, and loving ways, it becomes clear that the only people who can get close to them are those who know how to show respect, be responsible, and love well.

3. THEY REFUSE TO BE A VICTIM.

Powerful people are happening. They are happening all the time. They are not controlled or infected by their environment. Powerful people refuse to play the victim by shifting responsibility for their choices onto others. Letting other people dictate how they are going to feel or what they will choose to do. They happen to their circumstances rather than letting their circumstances dictate to them what they will do or how they will feel.

4. THEY REQUIRE OTHERS AROUND THEM TO BE POWERFUL.

Powerful people empower others to be powerful. When powerful people encounter a powerless person, they are not tempted to dive into any unhealthy emotional ties or attachments. They hear a victim's sob story and ask, "So what are you going to do about that? What have you tried? What else could you try?" These questions empower powerless people with owning their responsibility and their capacity to make choices and how they can control themselves. This is the only option a powerful person will offer to powerless people: become powerful, make choices, and control yourself. Powerful people demonstrate what it means to be powerful.

5. THEY MAKE DAILY DECISIONS THAT ALIGN WITH THEIR VISION.

Powerful people have a vision and mission for their life, and can use the events of each day, whether positive or negative, to direct themselves toward that vision. Powerful people do not simply react to whatever is happening today. They are able to take responsibility for their decisions and the consequences of those decisions--even for mistakes and failures. They can respond to today and create tomorrow.

6. THEY LET THEIR "YES" BE "YES" AND "NO" BE "NO."

In Matthew 11:7 Jesus talks about John not being a reed swayed in the wind. So popular opinion or the pressure of others does not sway the language of powerful people. They know exactly what they want and how to communicate their desires. A powerful person says, "I will. I do. I am." Powerful people can say both "Yes" and "No," and mean it. Others can try to manipulate, charm, and threaten, but their answer will stand.

7. THEY LOVE UNCONDITIONALLY.

A powerful person's choice to love will stand, no matter what the other person does or says. When powerful people say, "I love you," there's nothing that can stop them. Their love is not dependent on being loved in return. It is dependent on their powerful ability to say "Yes" and carry out that decision. This protects their love from external forces, or from being managed by other people. Powerful people keep their love on and say "I can handle your mistakes, I love you"

8. THEY CONSISTENTLY DEMONSTRATE WHO THEY SAY THEY ARE.

Powerful people can be who they say they are on a consistent basis. And because they know how to be themselves, they invite those around them to be themselves. Only powerful people can create a safe place to know and be known intimately. They say, "I can be me around you and you can be you around me. We do not need to control each other, and we don't want to control each other."

We are all growing to be a powerful person. Powerful people are ok with making mistakes and take the opportunity to learn. No matter what happens know that every step we are learning and moving towards the person that GOD created us to be!

Enjoy the journey of being a powerful person!