



**Public Health Unit  
Metro South Health**

Enquiries to: Metro South Public Health Unit  
Telephone: 3156 4000  
Our Ref:  
Date: 31/07/2020

Dear students, staff and parents

**Re: Testing recommendation for students and staff attending Parklands Christian College**

The Metro South Public Health Unit (MSPHU) thanks the Parklands Christian College community for your role in helping to prevent the spread of COVID-19. As noted in a previous letter on 29 July 2020, staff and students are required to quarantine at home until and including **6 August 2020**.

**Prior to returning to school, students and staff are required to have a COVID-19 test:**

- Please have a COVID-19 test early next week if you have not yet been tested.
- Staff and students do not require additional testing if you have been tested, **unless you develop any symptoms of COVID-19 (see box below)**.

If you / your child or any family member is unwell, isolate immediately and avoid contact with others. If you or your child develop symptoms of COVID-19 you should arrange to consult a doctor or attend a hospital fever clinic for urgent assessment and testing. Please call your doctor and advise them of symptoms of COVID-19, as you may be seen via a Telehealth assessment.

Symptoms of COVID-19 can include:

- Fever
- Cough
- Sore throat
- Runny nose
- Loss of taste or smell
- Tiredness and muscle aches
- Vomiting and/or diarrhoea
- Shortness of breath

For further information, please refer to the links below:

- [Quarantine](#) information
- [Testing and Fever clinics](#) information
- [Community Recovery Hotline](#) for people who have no other means of support
- [Multicultural resources](#) regarding COVID-19

If you have any questions, please speak to your doctor or contact 13HEALTH (13 43 25 84).

Yours sincerely,

Dr Bhakti Vasant  
**Public Health Physician**  
Metro South Public Health Unit

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