

## Wellbeing and Reporting an Incident.

The Parkland's values of Christlikeness, Learning, Excellence, Attitude and Respect lead us to have the desire to be looking after the wellbeing of our students. The Student Care and Wellbeing team are there to provide the support, encouragement, gentleness, challenge and love that is required for our students to have a good and healthy wellbeing.

We do this in many different ways through programs, courses for parents, presentations, class room visits, individual sessions and referrals to outside services. We want the students to get the best information and understanding on the topics that affect them. Topics such as grief and loss, resilience, interacting with friends, dealing with circumstances of life, working with difficult people, showing honour, being a powerful person, demonstrating loving on purpose and dealing with conflict. These are normal life issues that we face and getting support and learning through these is the best way to be a powerful person.

We know that there will be times when there is conflict at school between people especially in the playground. Energy is high, competitive natures and differing opinions come out through the playing of sports and games in the breaks. It is good and healthy to have manageable levels of conflict in our lives. As children grow they require the conflict to be able to teach them new skills and understandings in working with people. This is healthy growth, but through this conflict (as we all know through our own experiences) people sometimes make mistakes and do not deal with conflict appropriately. So they need help to be able to learn the skills in respectfully dealing with conflict.

Knowing this, the Student Care and Wellbeing team is the safe place for students to come and learn from this conflict and the mistakes that they have made in their interactions with others. We encourage our students to inform us about an incident that may have occurred in the playground, so that all involved can get the appropriate support for their wellbeing and learning.

## STUDENT CARE AND WELLBEING

The Student Care and Wellbeing Team Mission:

**Is to free, connect and honour the Parklands community through coaching and love.**

Some of the support on offer:

- Strength and Shine – Yr 5 & 9
- Resilient Me – Learning 4 Life
- Seasons – Grief and Loss
- LoKoP – Parental Course
- Masterclass – Parent's Workshops
- Individual Wellbeing Sessions – brief intervention
- Classroom visits
- Presentations
- Allied Health referrals.

### The process for reporting an incident:

1. Student or teacher informs the Student Care and Wellbeing team that an incident has occurred. This is best done ASAP after the incident. The longer the time frame is between an incident and us finding out about it, the harder it is for quick, positive resolution.
2. Student Care and Wellbeing team will request student/s to complete incident report (where appropriate)
3. Support is given to the student/s involved in the incident and their physical and emotional wellbeing addressed.
4. In every circumstance where an incident is reported, a thorough investigation is completed. This includes speaking with the student/s involved, any witnesses and the referring teacher.
5. The outcome of the investigation is reported to a Head of School.
6. The student/s are then provided the opportunity to work on a resolution. This may include completing a Responsible Thinking Plan, an apology letter, a support session with a social worker, referral to friendship skills masterclass conflict resolution program, a Head of School discussion or referrals to external support services.

We appreciate your understanding of the college privacy restrictions which mean that we are not able to discuss with you the outcomes related to other students. This also means that your child's involvement or information is protected from being discussed with others. We will however, advise you if there are any outcomes or actions relating to your child.

Please find the link to the policies relating to this topic –

<https://parklands.qld.edu.au/wp-content/uploads/2018/07/3.60-Policy-Student-Bullying.pdf>

<https://parklands.qld.edu.au/wp-content/uploads/2018/03/3.22-Policy-Dispute-Resolution.pdf>

Our values and tools of supporting students lead to positive resolutions of conflict. Through this process there are skills to learn for all the students involved. Skills that take repetition and time to learn. Yes, healthy resolution and communication through conflict feels like hard work. Every time they work through a conflict and learn from this experience with the appropriate support from the Student Care and Wellbeing team they are building the skills to be powerful people.

For some more great tips on the communication and dealing with conflict check out Danny Silk's Blog – Learning how to fight fair. <http://www.lovingonpurpose.com/blog/learning-how-to-fight-fair>